

*The seat
of the
trouble*

*A Little Book
with
A Great
Health
Message*

TO SUFFERERS FROM
**WEAK KIDNEYS
BACKACHE
RHEUMATISM**
LUMBAGO SCIATICA JOINT PAINS

The Cause and the Cure

THERE IS A SPECIAL ARTICLE OF
VITAL IMPORTANCE TO SUFFERERS FROM **INDIGESTION**

FREE HEALTH GIFTS

(See inside)

Foreword

ALTHOUGH this booklet is quite a small one, it is certain to prove helpful to those who will spare the few minutes necessary to read its pages through.

None of us is impregnable against the assaults of ill-health. To-day we may be bubbling over with vitality; to-morrow ill-health may strike at us in some form.

In health we take no notice of the wonderful work carried out within the human body by such organs as the kidneys. You should realise that the whole health of your body, your capacity for work, the power to enjoy the pleasures of life, depend on such vital organs as the kidneys.

This little booklet tells you how to keep the kidneys in healthy action and how to help them when they are not carrying out their health-ensuring work properly.

Furthermore, in the following pages there is a vital message to the host of people who are victims of digestive trouble in some form or another. Few people realise how serious neglected indigestion may be. It cripples the power to work properly; it brings awful pain and griping throughout the digestive tract and a state of chronic dyspeptic martyrdom. The blood, under these conditions, cannot possibly keep pure.

In like manner, those who are troubled with that wretched complaint catarrh are given helpful advice and are told of a remedy that has proved wonderfully successful in cases where everything else has failed.

If you are a victim of hæmorrhoids (piles) you will find on page 15 a definite message of help to you.

In any case read this book carefully, page by page. It will not take long, and when you have read it, if it is not of immediate help and assistance to you, pass it along to a friend who is a sufferer from any of the troubles referred to.

E. C. Dr Witt & Co. LTD.

THE KIDNEYS

THEIR VITAL IMPORTANCE IN REGULATING THE HEALTH OF YOUR SYSTEM

More marvellous than any machine made by man is the human body. In health, all our muscular effort, our power to think clearly and work with hand and brain, hour after hour, is carried on without any conscious effort on our part.

We do not realise that, just as with a great electrical or other machine, there are complicated parts that must be kept in perfect condition to work harmoniously and smoothly with all the other organs of the body.

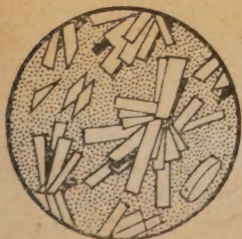
Most vital of these organs is, perhaps, the kidneys. The kidneys are really very small organs, but before the blood, on which your vitality and strength—your very life—depend, can carry to every part of the body and the brain its necessary nourishment, every drop must pass through the kidneys. It is their duty to separate out waste matter and poisons, and to see that these are eliminated from the body.

Thus, the kidneys really are the purifiers of the blood, so that you can see how vitally important it is to keep them fit. If they are not functioning correctly, it is then that such poisons as uric acid, in excess, enter the blood and, finding a home in such places as finger, knee and toe joints, inflame the nerves controlling your movements, causing dreadful pain.

In the same way, if the kidneys allow impurities to get into the blood and course through the system, so complexion becomes sallow and spotted, the activity of the brain is dulled, vitality is lowered, and every movement of muscles in the back, legs or arms may be fraught with agonising twinges of pain.



How the kidneys are connected with the bladder



Uric Acid Crystals that cause pain.

BACKACHE

A Serious Symptom of Weak Kidneys

Thousands of people suffer untold agonies from what they call awful backache. Sometimes there are sharp, stabbing twinges of pain through the muscles of the back, or again, a dull, aching, down-dragging weakness. This backache that makes life an intolerable misery is a sure sign of weak kidneys.

Nothing you can rub on the outside of the body will ever remove the cause of your bad back. Until you do actually prompt the kidneys to healthy action once again you will never be rid of your pain.

In our records there is a host of letters from people who have told us that in spite of using lotions and liniments by the gallon, their awful backache has still practically ruined their lives.

These people have been amazed to find that, even after taking just two or three De Witts Kidney and Bladder Pills, they have obtained relief. The explanation is very simple.

You see, De Witts Kidney and Bladder Pills do exactly what they are claimed to do—that is, to act directly on the kidneys themselves and prompt them to healthy action to clear away the poisons that are the cause of your pain.

If we can only get this fact clearly into the mind of every sufferer we know that we can stop thousands from leading pain-racked, depressed lives.



Mrs. A. Fairweather, 15, Broadfield Terrace, Boston, says:—"I was in bed for two weeks, unable to move, suffering terrible pains in my back. One day I saw an advertisement for De Witts Pills, and although I had tried so many remedies, without the slightest relief, I decided to try a bottle, in the hope they would at least ease my pain. After taking only two pills I knew I had found a remedy for my backache, so I continued with the treatment, and was soon on my feet again. I am indeed grateful to De Witts Pills for restoring me to good health once again."

RHEUMATISM

Joints an Agony to move

Muscles Like Red Hot Bands of Pain

Of all the illnesses that flesh is heir to, there is none that has gripped this nation with such a dreadful hold as rheumatism.

We speak of epidemics of influenza, but how many people realise that rheumatism costs the workers of this country millions of pounds in lost wages and lost time.

It is the tragedy of this most serious complaint that sufferers will neglect early symptoms. They do not realise that the

slight pain of to-day may mean the crippling agony or perhaps the total breakdown of to-morrow.

Rheumatism most definitely is one of the terrible symptoms of kidney trouble. It is because the kidneys are allowing impurities, of which uric acid is perhaps the most common, to lodge in the joints, inflaming delicate nerves, causing unsightly swellings, that the sufferer has terrible pains on every slight movement.

Hands become gnarled, fingers stiff, sometimes almost impossible to move without excruciating pain, knee joints almost 'creak' as you bend them and the agony to do so is intense, toe joints and ankles swell and walking becomes an absolute misery. In fact, many sufferers are set aside and have to stay in bed.

Mrs. H. Adams, 3, Sutherland Square, Walworth, S.E.17, says:—"I was attacked by a severe bout of Rheumatism and lost the use of my fingers. I was advised to undergo an operation, but I was also recommended to De Witts Pills, which I thought I would try before taking the more serious step. I bought a bottle and after only four days I was able to move my fingers. The relief was really indescribable, suffering as I had, and I feel I must write to express my appreciation and say how thankful I am for the benefit I have received by taking De Witts Kidney and Bladder Pills."



LUMBAGO

Chronic Pain Reveals Deep-seated Kidney Trouble

As a result of kidney trouble the down-dragging, dull misery of lumbago may follow.

Lumbago is a trouble that quickly reduces the sufferer to a stage when he or she has to give up work and go to bed.

The constant pain seems to sap the system of vitality. Every breath is an agony and to move is sheer torture.

In letter after letter we receive, we read the statements—"It was an agony to move" . . . "Oh! Oh! my back - it's nearly breaking. I can't get straight again once I stoop down. It seems just as though an iron hand is gripping me, wrenching the muscles, making me just sick with pain" we could repeat these phrases a thousand times.

It is, of course, absolutely useless to take any ordinary pills or so-called tonics to end the trouble that is caused by weak kidney action.

It is because De Witts Pills do act directly on the kidneys and are made for this specific purpose that they will remove the cause of your trouble. As they quickly and surely help the kidneys to healthy action so that pain-giving poisons are eliminated, the torture you endure entirely disappears. The splendid tonic effect on the whole of the system will make you pain-free, healthier and happier than ever before.



Mr. A. Booth, 29, Starch House Road, North Anston, near Sheffield, says:—"I had suffered for a long number of years with Lumbago, and so acute was the pain that it was sometimes impossible for me even to bend and lace my boots. A friend recommended De Witts Pills after I had tried many things, and after taking a few pills I soon discovered their inestimable value. I had not been able to work for some time, but have since started to follow my employment and have not had any occasion to lose even one day's work. I always recommend De Witts Kidney and Bladder Pills to all my friends."



KIDNEY TROUBLE

Two Authoritative statements from
many thousands proving you can
end your serious danger

We wish it were possible to take
any sufferer from kidney trouble, rheumatism, bladder weakness, etc.,
into the Records Department of our Offices and Laboratories at
Croydon. Here you will see letters from thousands who have expressed
their gratitude for health restored, thanks to De Witts Kidney and
Bladder Pills.

Here are just two authoratative statements from these records—
statements you can rely upon because of the position of the writers of
these letters. In view of testimony such as this, why will you suffer
longer? Let De Witts Kidney and Bladder Pills free you from pain
and give you back youthful vitality, splendid health and strength.

Lt-Col. H. W. DAVIES (late of Indian Army), writes to us from Mixtow,
near Fowey:—"For 20 years I suffered with Rheumatic Pains and Backache,
and until a few months ago was unable to get much relief, although I tried
nearly every remedy I could think of. Recently I read about De Witts Kidney
and Bladder Pills and decided to giye them a trial. Within four days I found
great improvement and I am now free from pain."

The Rev. J. H. BURN, B.D., F.R.S.E., Whatfield
Rectory, Ipswich, writes:—"After suffering for two
years from Kidney and Bladder Troubles (the cause
of rheumatism), I had the good fortune to make the
acquaintance of De Witts Kidney and Bladder Pills,
which afforded immediate relief. Since then I have
always kept a supply in hand to pass on to parishioners
similarly affected, and in every case the result has
been most efficacious and the relief simply wonderful.
I have had inquiries from all over the world about your
really wonderful remedy. Needless to say I strongly
urge all sufferers to go in for a course of De Witts Pills."



BLADDER TROUBLE

For many over 40 health "disturbances" arise, often of a very serious nature. Amongst them is bladder trouble, an annoying weakness with its too frequent calls, (especially when warm in bed at night-time), which may develop into a terribly painful malady.

Bladder weakness is the result of kidney disorder, which, if neglected, may cause chronic backache, lost vigour, scalding gravel, painful stone or cystitis (chronic inflammation of the bladder).

The evidence of thousands, yes, many thousands of one-time sufferers restored to health, will tell you that a short course with the world-famous De Witts Kidney and Bladder Pills have ended the miserable weakness, the chronic pain and suffering caused by bladder trouble.

We could show you letters from sufferers of terrible agony, who have been told an operation alone could save them, but have ended the torture of bladder trouble by taking these pills for a short time.



BED-WETTING

Do not chastise a child for this unfortunate weakness. He or she is almost certainly suffering from weak kidneys and a run-down "nervy" condition. Give the little one De Witts Kidney and Bladder Pills for a few days and you will find the trouble cease.

Mrs. Binks (address on application), writing of her daughter, says:—"I would like to mention that my daughter Doris received a remarkable cure with the aid of your valuable treatment for Bladder and Gravel complaint. She suffered great inconvenience for eleven years, and was cured with about six boxes of your Pills."



WEAK KIDNEYS

**A special note to those who are
feeling too-old, worn-out**

Reaching the "40's" many men and women become worried with "little" health troubles that will not be shaken off.

Mystery pains that shoot through the muscles, the effort to move revealing joint stiffness, twinges of backache, sleep becomes restless and there is a general feeling of lowered vitality.

Loss of vitality, depression, pains in the body—health worries such as these surely indicate dreaded kidney trouble, which, if neglected, may entirely cripple one's power for work or pleasure.

Younger, healthier people get past you. Those of your own age, bubbling over with vitality, laugh at your too-old appearance, your depressed, vigourless condition.

If you are run-down, or really fear kidney trouble, we do advise you to take De Witts Brand Kidney and Bladder Pills regularly for a little while. If you persevere you will be surprised by vigorous health returning. No longer will you stand or be put aside from the pleasures of life. No longer will you be just "worn-out" or "too-old." You will be fitter, stronger than ever before—this is the evidence of thousands who have proved how quickly, how surely, this 50-year-old remedy acts.

Mr. F. G. Latham, 35, Micander Parade, May Hill Garden City, Swansea, says:—"For over five years I was a victim of Kidney Trouble. Throughout this period I suffered agonisingly and tried everything I could to obtain relief. Then I was recommended De Witts Pills, so I made up my mind to give them a trial. I bought a bottle and took the pills according to instructions, and my joy was unbelievable when after a very few doses my trouble had disappeared. My work takes me out in all kinds of weather, but I have never had a recurrence of those pains I had before taking De Witts Pills."



DE WITTS BRAND KIDNEY PILLS

ACCLAIMED BY SUFFERERS



RHEUMATISM SCIATICA, JOINT

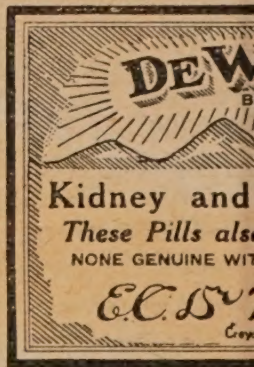
SOUTH AFRICA. Mr. M. D. Erasmus, 140, Railway Street, Germiston, says:—"I have been a kidney sufferer for seven years, and nothing could help me. I was recommended to take De Witts Pills, and after taking only two bottles was completely cured."

NEW ZEALAND. Mr. V. Parke, Auckland, writes:—"I could not get any relief at all from my sciatica until I tried De Witts Pills. It was almost impossible to get out of bed in the morning, but I obtained relief after only six De Witts Pills."

NEW ZEALAND. Mr. John Crofts, of Macandrew Bay, Dunedin, writes as follows:—"I had tried every known remedy for my backache, but at last noticed an advertisement for De Witts Pills. After taking only a few pills I noticed an improvement, so continued the treatment, with the result that I am completely cured."

JAMAICA. Mr. C. A. Hyman, 26 Bread Lane, Kingston, writes:—"I cannot find adequate words to praise De Witts Pills. For a long time I suffered with severe pains in the back, but now enjoy excellent health, as a result of taking De Witts Pills."

AUSTRALIA. Mrs. W. Sinclair, of Birchip P.O., Victoria, says:—"I had spent a small fortune on remedies for my rheumatism, with no avail. I purchased a bottle of De Witts Pills and was soon able to leave my bed, to which I had taken nearly three months before."



PRICES



7 & BLADDER PILLS

THE WORLD OVER FOR

BACKACHE LUMBAGO



AINS

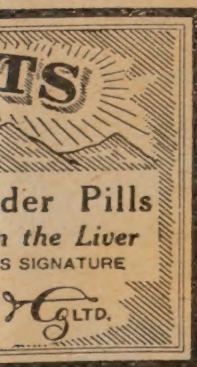
AUSTRALIA. Mrs. F. Kellaw, of 86,

Douglas Street, Stanmore, Sydney, writes:—

"I had almost given up hope of ever getting rid of my rheumatism, until a friend recommended De Witts Pills. After a short treatment I am now free from all pain."

BRAZIL. Sr. J. V. Ferreira, Quintino Bocayuva, says:—
"I have suffered constantly for ten years with bladder trouble without obtaining any relief from the continual use of medicines, but De Witts Pills have cured me."

ARGENTINE. Sr. José Locatelli, Altolaguirre 1842, Buenos Aires, writes:—
"After suffering for years with bladder trouble, I was completely cured after using De Witts Pills for less than a fortnight. I was in hospital for 25 days, due to this trouble, without obtaining any cure. I can hardly find words to express my gratitude."



SPAIN. Sr. Antonio Arenado. Ollerias altos 8-10 Bilbao, says:—
"For four years I had suffered with lumbago, trying all kinds of medicine. Then I read of De Witts Pills and purchased a bottle. A few pills only were necessary to bring my health back completely."

CHILE. Sr. Julius Hudson, Morande, 251, Santiago, says:—
"De Witts Pills are marvellous. For years I have suffered with lumbago, but nothing gave me relief until I tried them. All my pain has entirely disappeared."





INDIGESTION

**I WARN YOU OF YOUR
GRAVE DANGER!**

**AWFUL GRIPING PAINS, STOMACH ULCERS,
GASTRITIS, COLITIS
FOLLOW NEGLECT OF SLIGHT SYMPTOMS**

It is extraordinary to think of the tens of thousands of sufferers from indigestion who do not realise the grave danger in which they stand.

The whole health of the body depends on good digestion. You cannot think or work properly, you cannot enjoy the fun of life unless your digestive system is working properly.

It is impossible here to describe the complicated processes by which the food we eat is turned into flesh, bone, muscle and brain power. When the body is healthy, when we are lucky enough to possess a good appetite and enjoy our food, we never think of the marvel of digestion and the transformation of food to strength and vitality.

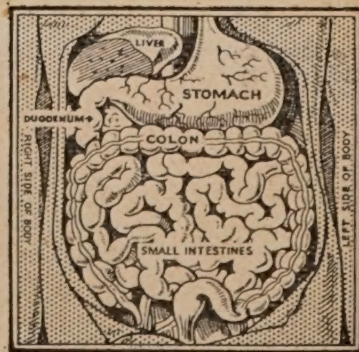
"SLIGHT" SYMPTOMS CONVEY SERIOUS WARNING

But at the least sign of the breakdown of the machinery of digestion, we quickly see the result. Pain after meals, awful griping, distressing fulness, sour wind, sallow spotted complexion, biliousness, bad taste in the mouth. The acid griping pains get worse as your indigestion is neglected, and soon you become a victim of dreaded gastritis or ulceration of the stomach. Be warned!

EARLY SYMPTOMS OF INDIGESTION

Indigestion seems to start so simply. Just a little fulness after meals, perhaps a little wind rising from the stomach, and a sense of drowsiness and maybe slight headaches.

In many cases that feeling of fulness after mealtimes is a sure sign that you have "bolted" your food and have not masticated



it properly—therefore, it has entered the stomach in such a form that the digestive organs are not really in a position to deal with it—and it thus lies in a heavy mass in the stomach, causing that uncomfortable, too-full feeling.

In many cases this is accompanied by hot, uncomfortable flushing to the face and neck and there is tightness in the throat.

THE CAUSE OF AWFUL GRIPING PAINS

As the food lies in the stomach, so it ferments and unpleasant gases either extend the stomach wall or are belched upwards into the mouth, causing bitter sour taste and unpleasant breath.

When the digestive organs are not acting in their proper manner and food lies unassimilated within the stomach, it is then that the sufferer gets those awful griping pains. Instead of the food being broken up and the good elements assimilated or taken into the blood to nourish the system and the waste passed out of the body, much of the food ferments and soon there comes that condition we call sour acid stomach.

GRAVER ASPECTS OF INDIGESTION

Neglect this condition and the lining of the stomach itself becomes inflamed. Neglect may also lead to the appearance of that dreadful trouble gastritis ; perhaps, gastric or duodenal ulcers will form.

Agonising Wind, Gastric Ulcers.

Some years ago I had an operation for gastric ulcers, but soon after was as bad as ever. You cannot imagine how I suffered from agonising wind both day and night. Since commencing to use De Witt's Antacid Powder I have been freed from pain, and can now eat and sleep well.—No. 127.



It is so easy to slip from the early, slight symptoms of indigestion to this grave condition, and it is certainly not the least use purging the system with strong soda preparations or "salts," because these



only add to the irritation of the lining of the stomach and increase the griping pains, making the digestive organs weaker than ever.

WHEN EVERYTHING ELSE FAILS

"But," says the chronic sufferer, "I have tried everything without getting relief." No, you have not tried everything, for you certainly have not tried the one true remedy for digestive troubles until you have given De Witt's Antacid Powder a fair chance to prove how marvellous it is.

NEW HOPE FOR INDIGESTION SUFFERERS

De Witt's Antacid Powder has brought an entirely new principle to the treatment of digestive troubles. All that up-to-date science and research have taught are combined in this simple, effective powder. The wonderfully successful colloidal-kaolin

principle is incorporated among other features. This principle ensures that the system is cleansed of the harmful accumulation of bacteria, and the digestive tract is soothed and strengthened.

Quick, sure, easy and soothing in its action, cured sufferers say this new remedy—De Witt's Antacid Powder for Indigestion—is just marvellous. Stop the pain and danger of indigestion at once. Get a supply of De Witt's Antacid Powder to-day. Sold in big canisters at 1/6, containing one month's supply. Invaluable in all cases of indigestion, flatulence, sour acid stomach, heartburn, gastritis and any form of dyspeptic trouble. Be sure you get the genuine remedy.

Flatulence and Sour Bile.

Only those who have suffered for years from flatulence and sour bile know the daily misery. Nothing did me any good until my chemist gave me a sample of De Witt's Antacid Powder. I have told everybody how marvellous De Witt's Antacid Powder really is. — No. 66.

A New Principle makes this Remedy so wonderfully effective

With De Witt's Antacid Powder you can treat digestive troubles in a truly natural, scientific way and end them for good. This quick-action remedy:—

1. Banishes the pain and danger of neglected indigestion. Painful wind is immediately dispersed, bringing comfort and ease.
2. Neutralises the sour acid condition that may lead to ulceration and gastritis.
3. Cleanses the system of harmful germ-laden, fermenting matter.
4. Gently stimulates the digestion to regular healthy action.
5. Restores lost appetite and assures the assimilation of all the nerve and body building elements from the food you once more enjoy.
6. Restores the alkaline balance of the body, so that the cause of acid stomach, griping pains, ulceration is removed.

Pains After Eating Ended.

I have been troubled with severe pains in the stomach after eating, but your Antacid Powder has made a great change.—No. 68.



It is for these six definite reasons that we do seriously urge those with even slight symptoms of indigestion to start at once with De Witt's Antacid Powder.

Even in the short time it has been available for the public, the testimony to this remedy comes from people who, in many cases, have tried everything to end their misery without success.

We do repeat emphatically that you cannot afford to neglect indigestion. It is not a slight trouble, but a very dangerous one. De Witt's Antacid Powder can, and will, help you, and we can offer you no better advice than this—get a supply to-day. Take it regularly for a few days.

IF YOU ARE TROUBLED WITH INDIGESTION

STOMACH PAINS, LOSS OF APPETITE, GASTRIC TROUBLE

Read how this man ended terrible suffering

Without comment of any kind we publish the letter below, just one of a great host received from sufferers from awful digestive trouble who tell how marvellous is the quick, certain effect of the inexpensive new-principle remedy—De Witt's Antacid Powder.

2 Dale View,
Dale Road,
Buxton, Derbyshire.

Dear Sirs,

Some time ago I was troubled with nasty bitter fluid arising from my stomach, and disliked my food. I went to see my doctor, but instead of getting better I got worse. I could get no relief. I was in continual pain and soon had to cease my work and take to my bed. I spent any amount of money on different medicines, but nothing did me any good. I was sent to hospital, where an operation for gastric ulcers was performed. Later, all my troubles returned. I was unable to walk without becoming sick, and back I had to go to bed. At last I heard of your Antacid Powder. I got a sample and this seemed to stop the sickness, so I decided to persevere. After three days I was able to leave my bed and get out. I kept on with the treatment, and before the first tin was finished I was able to enjoy my meals. Pain and sickness were gone and I was able to take long walks without discomfort. I am now feeling better every day.

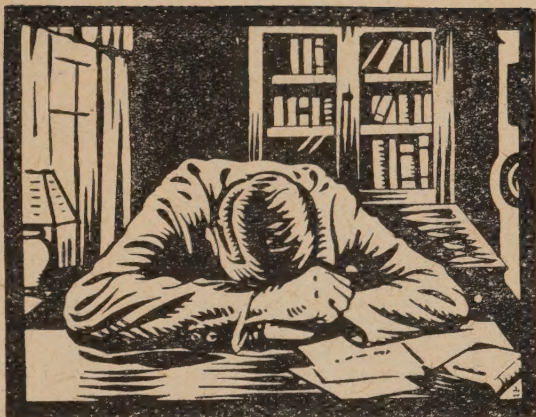
(Signed) JOHN HARRIS.

If you are a digestive martyr, why will you stay in danger when such experience as is related above by Mr. John Harris tells you how quickly you can end that pain and danger for good?

We realise that you, as Mr. Harris, will tell us you have tried everything, but until you have given De Witt's Antacid Powder a fair trial you have not been fair to yourself. We emphasise again that DeWitt's Antacid Powder is absolutely unlike any other remedy on the market and has conquered digestive misery when everything else has failed.

PILES

There are thousands of men and women suffering daily torture from pile trouble, living in dreadful danger, drifting towards the time when a serious operation may be necessary. If they would only ask their chemist his candid opinion of this scientific remedy, he would tell them Man Zan is no ordinary ointment. It is a soothing unguent made specially for the treatment of pile trouble. In the special tubes, with the easy and clean-to-use applicator nozzle, Man Zan gets right to the affected part, soothes and heals. Bleeding stops, swelling disappears, and from the parts affected is completely banished every sign of your trouble. There are many men and women who bless the day they were introduced to Man Zan.



You may have been tortured for years with itching, bleeding piles. You may have been told an operation may be necessary. Test Man Zan before suffering increases, and experience amazing relief. Inflammation is soothed, and irritation and bleeding cease. Persevere with Man Zan and quickly your trouble is ended, never to return. Start to get better to-day.



Do not stay in secret pain and suffering longer. If you do not care to go to your chemist, send for your supply of Man Zan direct to E. C. De Witt & Co. Ltd. (Dept. N.N.), Croydon, Surrey. The price is 3/-, postage 2d. extra.

Mr. E. G. Richards, 10 Ampton Street, W.C.1, says:—"I have a lot of travelling to do and my work was seriously impeded by external piles. I had tried a number of remedies without avail until I saw Man Zan advertised. I sent for a sample, which I tried immediately, and as it seemed to relieve me I purchased a 3/- tube. Until then I had been unable to rest in comfort, but I continued with Man Zan and was surprised at the quick results. In a very short period I was completely cured, and able to resume my work with more energy than I had had for a very long time."



CATARRH

(Chronic Cold in the Head)

If you neglect early symptoms now you will surely and quickly come to total health breakdown!

There is no human ailment so persistent in its work of health destruction as Catarrh. Some people complain of a bad cold in the head or hay fever, when actually Catarrh has them in its grip. This trouble, so insidious in its deadly attack, may, if neglected, lead to the terrible tragedy of deafness and such troubles as asthma and bronchitis.

Then again, the poisonous mucus that you try to "hawk" up, will, if swallowed (as it is when sleeping), lead to intestinal inflammation, which brings on dyspepsia with its health-ruining effect.

Look at this little chart and see how, from a slight cold in the head, may come total health breakdown.

- | | |
|-------------------------|----------------------|
| 1. COLD IN THE HEAD | 6. EYES SMARTING |
| 2. SNEEZING | 7. LOSS OF SMELL |
| 3. HEAD NOISES | 8. CHOKED-UP FEELING |
| 4. BAD TASTE | 9. BRONCHITIS |
| 5. FEVERISH, BAD NIGHTS | 10. BREAKDOWN |

—and so, at last, through neglecting that bad cold in the head, your health is wrecked.

There are many people who could tell you how quick is the action of this fine remedy. Mrs. Sheppard's letter given on the following page is only one of a host from people once literally broken down in health by miserable Catarrh, who are now free of this wretched trouble.

Every sufferer from Catarrh should remember this, too. Bad as are your own sufferings, you are a dreadful health menace to all around you. For your own sake, for your family's sake, get your supply of De Witts Catarrhal Cream to-day and banish your trouble for good.

CATARRH

CAN BE CURED THIS WAY

Chronic colds in the head, leading to dreadful Catarrh, ruin the sense of hearing, dim the sight, and perhaps start a condition of chronic dyspepsia.

If you are a victim, start at once with De Witts Brand Catarrhal Cream.

De Witts Catarrhal Cream is a blend of antiseptic, soothing, healing balms which, introduced directly to the inflamed air passages, spreads like oil on water, penetrating to every poison-laden part. It stops the formation of poisonous mucus, clears and makes sweet and clean every crevice of nose and throat.

Mrs. E. Sheppard, of 2 Thornbury Road, Spring Grove, Isleworth, Middlesex, writes:—"I began to suffer from head noises and deafness nearly 20 years ago. At the hospital I attended I was told the trouble was nasal catarrh. For years I tried treatments but nothing did me any good for long. One day I saw an advertisement for De Witts Catarrhal Cream, and I wrote for a sample. This did me so much good, I purchased a full-size tube, and before I had used it all up, my deafness and head noises had all gone."

Writing 3 years later, Mrs. Sheppard expresses her gratitude for her lasting cure.



DeWitts Brand Catarrhal Cream costs only 1/3 for a full-size, one month's tube, designed with special applicator nozzle, which gets the healing balms right to the seat of the trouble. If you suffer from bad cold in the head, sneezing, singing in the ears, head noises, hay fever or catarrh, you cannot do better than get a supply of De Witts Brand Catarrhal Cream at once.

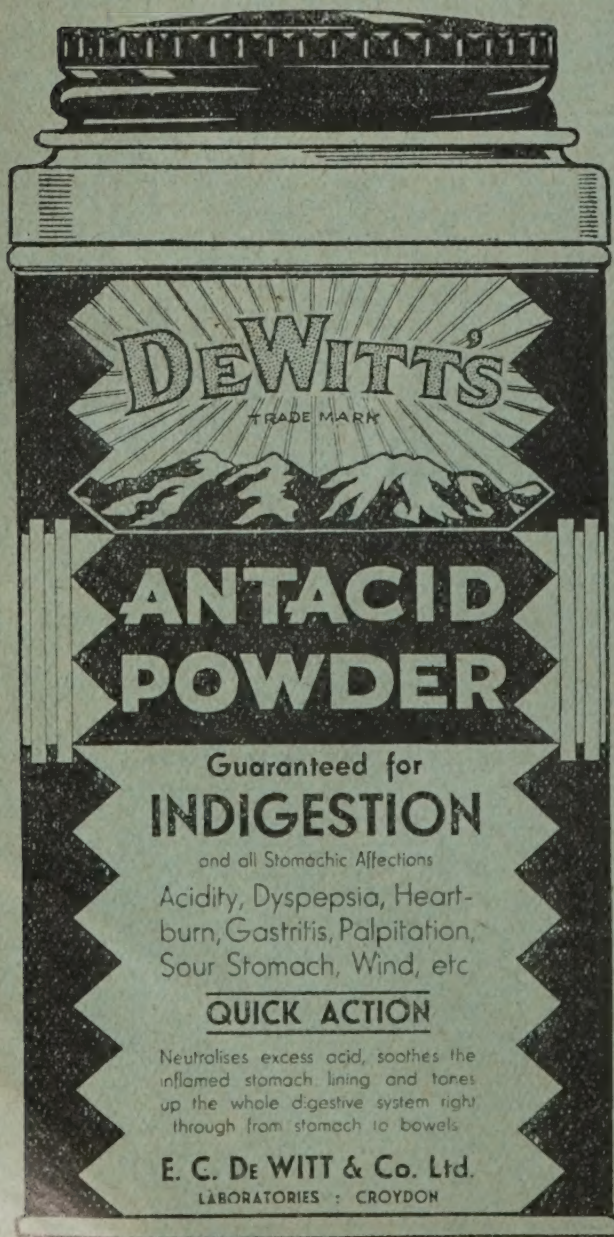
You may have tried so many things in vain to end the health-wrecking Catarrh which is undermining your health and strength. Do as Mrs. Sheppard did—give De Witts Catarrhal Cream a fair trial.

DE WITTS

BRAND

CATARRHAL CREAM

INDIGESTION



Gripping Pains
After-Meal Agony
Flatulence
Gastritis
Sour Acid Stomach

*Stop your torture and
danger with this
entirely different, new-
principle remedy*

At the least sign of diges-
tive trouble take De Witt's
Antacid Powder for a little
while. Your pain and
suffering will go. Every
chemist stocks De Witt's
Antacid Powder in the big
canister at **1/6**, containing
one month's supply. See
that you get the genuine

DEWITT'S
ANTACID
POWDER